



# Coaches Clinic European federations

### 25/26. September 2024

Carsten Gooßes, Head Coach Junior National Team
Franziska Hentke, Youth National Coach
Henri Koek, Headcoach Talentdevelopment Netherland
Hannes Vitense, Head Coach Youth National Team









#### **Link for the Clinic:**

https://dsv-digital-

de.zoom.us/j/5149475897?pwd=WjdKMjNCbGt2V0ZrZWlKdTA0dTlrZz09

Meeting-ID: 514 947 5897Kenncode: 413833

#### Coaches Clinic 25.09.2024 - online

8:55-9:00 Check In to the Coaches Clinics / Henri Koek and Hannes Vitense

9:00-09:45 Nathan Hilton, Performance Pathway Lead GBR
Development of Freya Colbert, from training young talent to becoming a world championchip finalist.

09:45-10:00 Q&A

10:00-11:00 Patrick Pearson, coach from Olympic Champion Ranomi Kromowidjojo

and world champion Marrit Steenbergen, NED

Coaching Phylosophy. Junior and youth training for short distance athletes.

Key elements for development from training young talents to become one of the best

in the world.

11:00-11:15 Q&A

11:15 - 12:45 Geert Janssen / Henri Koek, Talentdevelopment, NED

Junior and youth training, a 4 years plan to be prepared for world class performance.

Key elements for developing into the world's best in swimming.

HEAD Coach Breastroke during the European junior / youth camp Potsdam 2024

12:45 – 13:00 Q&A

13:00 – 13:45 Lunch and coffee break

13.45-14:45 Walter Bolognani, Head Coach Olympic Base Center Hamburg, GER

Junior and youth training, a 4 years plan to be prepared for world class performance.

Key elements for developing into the world's best in swimming.

HEAD Coach Backstroke during the European junior / youth camp Potsdam 2024

14:45-15:00 Q&A









#### **Link for the Clinic:**

https://dsv-digital-

de.zoom.us/j/5149475897?pwd=WjdKMjNCbGt2V0ZrZWlKdTA0dTlrZz09

Meeting-ID: 514 947 5897Kenncode: 413833

#### Coaches Clinic 26.09.2024 - online

8:55-9:00 Check In to the Coaches Clinics / Henri Koek and Hannes Vitense

9:00-10:00 Kevin Renshaw, Pathway and Distance Lead, Olympic Swimming with Aquatics GBR Junior and youth training, a 4 years plan to be prepared for world class performance. Key elements for developing into the world's best in swimming.

HEAD Coach Long distance during the European junior / youth camp Potsdam

10:00-10:15 Q&A

10:15-11:15 Denis Auguin, Direction technique nationale à la fédération française de natation, FRA Former coach from Olympic champion Alain Bernard
Junior and youth training, a 4 years plan to be prepared for world class performance.
Key elements for developing into the world's best in swimming.
Short distance Team during the European junior / youth camp Potsdam

11:15-11:30 Q&A

11:30 - 12:30 Carmel Livyatan, Head Coach junior and youth national Team Isreal, ISR

Junior and youth training, a 4 years plan to be prepared for world class performance.

Key elements for developing into the world's best in swimming.

Team IM / Butterfly during the European junior / youth camp Potsdam

12:30 - 12:45 Q&A

12:45 – 13:30 Lunch and coffee break

13.30-14:30 Bernd Berkhahn, Olympic Base Center Magdeburg, GER
Coach of Olympic Champion Florian Wellbrock, Sharon van Rouwendaal and Lukas Märtens
Coaching Phylosophy and development process Junior and youth athltes long distance to
be prepared for world class performance.

14:30-14.45 Q&A









#### **Link for the Clinic:**

https://dsv-digital-de.zoom.us/j/7279637378?pwd=RVpYa0p5OUprREFFYXpHWllnOWlVZz09

Meeting-ID: 727 963 7378

Kenncode: 489592

## Coaches Clinic 19-26.10.2024 - during the european youth camp 2024 Potsdam (online 20:00 - 21:30PM)

Saturday, 19.10 Butterfly (Lasse Frank, GER)

Sunday, 20.10 Backstroke (Walter Bolognani, GER)

Monday, 21.10 Breastroke (Geert Janssen, NED)

Thursday, 24.10 Freestyle short distance (Team France)

Friday, 25.10 Freestyle long distance (Kevin Renshaw, GBR)

Saturday, 26.10 IM training (Team ISR)

What does it mean to train young athletes?

What does it take in training young athletes to be able to reach the top of the world in Swimming? During the european youth camp 2024 we will get an impression of the different views from some of the best european coaches.