



# 7th Coaches Clinic

## Cooperation project with European federation partners

28/29. January 2026

NED, EST, GRE, OSV, IRE, CRO, ITA, NOR, GB, FFN, CZE, LTU, ISR, GER



## Link for the Clinic, 28.01.2026:

[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_ZTJmOGI3ZDltMWY4Yy00ZDkxLTg1YWEtZjg3ZTJiZT hhMjVj%40thread.v2/0?context=%7b%22Tid%22%3a%223926e6af-e988-42a7-ab69-21d543bba825%22%2c%22Oid%22%3a%224b253880-4964-4540-86ba-eba457e4da0c%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_ZTJmOGI3ZDltMWY4Yy00ZDkxLTg1YWEtZjg3ZTJiZT hhMjVj%40thread.v2/0?context=%7b%22Tid%22%3a%223926e6af-e988-42a7-ab69-21d543bba825%22%2c%22Oid%22%3a%224b253880-4964-4540-86ba-eba457e4da0c%22%7d)

## Coaches Clinic 28.01.2026 – online

8:55-9:00 Check In to the Coaches Clinics / Hannes Vitense

9:00-10:15 European Camp – Junior and Youth 25 / Eindhoven  
**Butterfly group**

Key findings, training concepts, and development ideas shared by Italian Head Coach during the camp, **Marco Manchinelli** (Italian Head Coach Junior and youth), together with Camp Assistant Coaches Beda Leirvaag from Norway and Pim van Heden from Netherlands.

10:30-11:45 European Camp – Junior and Youth 25 / Eindhoven  
**Breastroke group**

Join the coaches clinic with Estonian Coach **Henry Hein** (Estonia) and his assistant coaches during the camp, featuring insights from the work with European breaststroke champion Eneli Jefimova, he shared with the *breaststroke talents from europe group during the 2025 Eindhoven youth / Junior camp 2025* and the coaches from europe federations. He will present it with his assistant coaches during the camp, Jochen Stettina from Germany, Vaidas Blazys from Lithuania, Joacim Lilleåsen from Norway and Carmel Livyaten from Israel.

12:00 - 12:30 Lunch and coffee break

12.30-13:45 European Camp – Junior and Youth 25 / Eindhoven  
**Backstroke group**

During the coaches clinic, backstroke Head Coaches **Dellano Silva (Germany)** and **Dr. Augusto Barbosa (Brasil)**, diagnostic expert, will guide us through a fantastic international training experience with insights from national teams, elite athletes, and results from the camp in Eindhoven. Assisted by fantastic coaches during the camp, Kestutis Steponavicius from Lithuania, Greece Head Coach Panagiotis Valentzas, Jan Inge Nilsen from Norway and Shir Milkinson from Israel.

13:45-15:00 European Camp – Junior and Youth 25 / Eindhoven  
**IM Group**

Get to know more about what happened during the camp. **John Szaranek**, one of Ireland's most experienced coaches with a strong record developing international athletes, led his IM group with great expertise and shared his knowledge with athletes and coaches during the European camp. His assistant coaches in Eindhoven will share his coaches view on pool deck with us. The coaches in Eindhoven in the IM group: Henri Koek from Netherlands, Kennrick Leidner from Germany, Karen Bradbury from Great Britain, Martina Pechova from Czech Republic and Oyvind Rosland from Norway.



### Link for the Clinic 29.01.2026:

[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_YTc0ODE0ZGltM2FiZS00ODhiLWExNTUtOTZkMzg5NzI5OTRm%40thread.v2/0?context=%7b%22Tid%22%3a%223926e6af-e988-42a7-ab69-21d543bba825%22%2c%22Oid%22%3a%224b253880-4964-4540-86ba-eba457e4da0c%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_YTc0ODE0ZGltM2FiZS00ODhiLWExNTUtOTZkMzg5NzI5OTRm%40thread.v2/0?context=%7b%22Tid%22%3a%223926e6af-e988-42a7-ab69-21d543bba825%22%2c%22Oid%22%3a%224b253880-4964-4540-86ba-eba457e4da0c%22%7d)

## **Coaches Clinic 29.01.2026 - online**

8:55-9:00 Check In to the Coaches Clinics / Hannes Vitense

9:00-10:30 European Camp – Junior and Youth 25 / Eindhoven

### **Freestyle – Long Distance group**

Join us for a special session on long-distance freestyle swimming with the renowned group led by **Marcel Wouda**, former Head Coach of the Netherlands with outstanding success on the world stage, together with Olympic coach and world-class coach **Adam Baker** from Great Britain. They have guided an exceptionally strong group of talents at the *Eindhoven Europe Camp* and shared their expertise with coaches from across Europe. The assistant coaches will also present the camp's training philosophy and key ideas, offering deeper insights into their approach and methods. The assistant coaches during the camp: Tobias Heinrich from Germany, Dinko Jukić from Croatia, Justinas Achramavicius from Lithuania, Andrea Franconetti from Italia, Ida Sandin from Norway and Roni Bova from Israel.

10:30-12:00 European Camp – Junior and Youth 25 / Eindhoven

### **Freestyle – Middle Distance group**

Join us for a clinic with **Sondre Solberg** from Norway, a coach with years of experience developing world-class and Olympic middle-distance freestylers. He has shared his expertise with his European team and brought great energy and joy to the camp. Now he and the assistant coaches from his team will present the coaches skills and ideas from Norway. Coaches during the days in Eindhoven: Austria Leading Coach Balazs Fehervari, Alexander Müller from Germany, Laurynas Svipas from Lithuania, Athanasios Oikonomoy from Greece and Morgan Dufour from France.

12:00-12:30 Lunch and coffee break

12:30 - 13:45 European Camp – Junior and Youth 25 / Eindhoven

### **Freestyle – Sprint group**

Join our sprint coaches clinic with **Job van Duijnhoven**, Head Coach youth training center in Amsterdam for the Dutch federation. The international experience, including coaching roles in Australia helped the process during the camp a lot. He's done a fantastic job leading the sprint team at the Eindhoven European training camp and sharing elite-level insights together with the assistant coaches from Europe: Dominik Vavrecka from Czech Republic, Per Osland from Norway and Oran Malka from Israel.

13:45-14:45 European Camp – Junior and Youth 25 / Eindhoven

### **Camp Review & Outlook**

The camp analysis and feedback from athletes and coaches were very positive. We'll use the learnings to refine our approach and strengthen future European swimming collaboration.

Presented by **Dr. Jasmin Willer and Hannes Vitense from Germany, supplemented by Geert Janssen (KNZB)**