

Welcome to the FINA World Masters Championships Gwangju 2019!

After spending a wonderful time onsite at Asian Masters Swimming Championships, UANA Pan-American Masters Championships and LEN Masters Championships, the Gwangju 2019 team is more excited than ever to welcome you all to the FINA World Masters Championships in Gwangju, Korea next year!

A big thank you to all of the athletes who stopped by our Gwangju 2019 booth, it was a real pleasure to be able to exchange ideas with you and share more information about our event.

While we have been very busy working together with FINA to ensure that our ideas and ambitions become a reality, the inputs you have provided us will ensure that we create the best championships yet.

Already today, we are very happy with the progress made - everything is working and is on track. We have great venues, great accommodation, great transport and a great team committed to ensuring everything is in place for you – our priority is on making sure that you are able to focus on your sport, achieve your best performance and enjoy your time in Gwangju.

We will keep you posted on our activities through newsletters and social media. So make sure to follow-us on [Twitter](#), [Facebook](#) and [Instagram](#) and sign-up for our newsletter by emailing: masters@fina-gwangju2019.com to get the latest updates.

See you in Gwangju soon! **#FINAGwangju2019**

Dive into Gwangju !

Gwangju is a metropolitan city overflowing with vitality and good energy. We look forward to welcoming the international aquatics family and showcase the beauty and the culture of this sport loving city.

Known for its rich cuisine and culture, Gwangju is blooming. Located in the South West of the Korean Peninsula, it is surrounded by nature and offers its visitors beautiful landscapes.

Be ready to live an outstanding experience in this vibrant sport city!









The competition schedule is out!

Check out the competition schedule and start planning your next Summer in Gwangju, Korea!

The competition calendar extends over 14 days and will allow you to achieve your best performances while having the most fun.

For more information about the competition schedule; please visit our [website](#).

Month		August														Remarks	
Day/Date		Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun		
Competition day		1	2	3	4	5	6	7	8	9	10	11	12	13	14		
★	 Ceremonies							★									
1	 Swimming								■	■	■	■	■	■	■	■	38
2	 Diving									■	■	■	■	■	■		11
3	 Artistic Swimming	■	■	■	■	■	■	■									9
4	 Open water					■	■	■									2
5	 Water polo	●	●	●	●	●	●	■									2
Total																	62

★ - Ceremonies ● - Preliminaries ■ - Finals

Registrations to open on January 1st, 2019!

Mark your calendar!

The opening of the registration for the FINA World Masters Championships will be on January 1st, 2019 and will extend over a period of seven months until July 5th, 2019.

Wondering if you can make it? Take a look at the qualifying times!

For more information about the qualifying times, please visit our [website](#).

Women

Sports	Age														
	25	30	35	40	45	50	55	60	65	70	75	80	85	90	
FREE	50m	31.00	35.00	36.00	38.00	40.00	42.00	45.50	48.00	52.00	56.00	1:00.50	1:10.00	1:31.00	1:52.00
	100m	1:15.50	1:19.00	1:21.00	1:24.00	1:31.00	1:36.00	1:40.00	1:49.00	1:56.00	2:06.00	2:22.00	2:48.00	3:15.00	3:55.00
	200m	2:43.00	2:49.00	2:58.00	3:07.00	3:23.00	3:39.00	3:49.00	4:03.00	4:21.00	4:34.00	5:04.00	6:09.00	6:55.00	8:15.00
	400m	5:47.00	5:59.00	6:14.00	6:33.00	7:05.00	7:38.00	8:03.00	8:35.00	9:30.00	10:03.00	11:13.00	12:55.00	14:30.00	16:30.00
	800m	12:25.00	12:40.00	13:05.00	13:50.00	15:00.00	16:00.00	16:50.00	18:00.00	19:15.00	20:50.00	23:50.00	25:50.00	28:50.00	35:40.00
BACK	50m	40.00	41.00	41.00	46.50	49.00	52.00	54.00	58.00	1:01.00	1:06.00	1:15.00	1:31.00	2:00.00	2:53.00
	100m	1:27.50	1:31.50	1:37.00	1:42.50	1:49.00	1:55.00	2:04.00	2:13.00	2:24.00	2:32.00	2:50.00	3:25.00	4:00.00	5:05.00
	200m	3:11.00	3:15.00	3:26.00	3:40.00	3:51.00	4:08.00	4:23.00	4:36.00	5:00.00	5:23.00	5:53.00	7:04.00	8:49.00	9:53.00
BREAST	50m	41.50	46.00	48.00	50.00	52.00	55.50	58.00	1:02.00	1:08.00	1:13.00	1:25.00	1:43.00	2:17.00	3:03.00
	100m	1:35.00	1:41.00	1:44.00	1:51.00	1:56.00	2:02.00	2:10.00	2:19.00	2:33.00	2:45.00	3:14.00	4:10.00	5:05.00	6:25.00
	200m	3:31.00	3:37.00	3:45.00	3:56.00	4:06.00	4:18.00	4:33.00	4:50.00	5:15.00	5:40.00	6:23.00	7:30.00	8:38.00	11:25.00
FLY	50m	37.50	38.50	40.50	43.00	46.50	47.50	51.50	57.00	1:04.50	1:15.50	1:32.00	2:32.00	3:24.00	4:20.00
	100m	1:24.50	1:28.00	1:32.50	1:38.50	1:47.50	2:00.00	2:09.00	2:23.00	2:43.00	2:58.00	3:43.00	4:32.00	5:25.00	7:50.00
	200m	3:13.00	3:22.00	3:33.00	3:44.00	4:05.00	4:34.00	4:49.00	5:10.00	5:45.00	6:40.00	8:05.00	9:20.00	11:00.00	14:30.00
IM	200m	3:58.00	3:15.00	3:25.00	3:33.00	3:44.00	4:00.00	4:13.00	4:30.00	5:02.00	5:38.00	6:10.00	7:03.00	8:22.00	9:48.00
	400m	6:38.00	6:48.00	7:08.00	7:25.00	7:53.00	8:45.00	9:23.00	9:43.00	10:55.00	12:50.00	15:15.00	16:40.00	17:45.00	21:45.00

Men

Sports	Age														
	25	30	35	40	45	50	55	60	65	70	75	80	85	90	
FREE	50m	26.40	30.10	31.10	32.50	35.50	34.80	36.30	38.30	40.80	43.80	41.80	102.00	112.00	122.00
	100m	106.40	108.00	109.40	111.30	115.30	118.30	122.30	128.30	134.30	140.30	150.00	212.00	247.00	314.00
	200m	227.00	230.00	232.00	237.00	242.00	252.00	267.00	310.00	332.00	353.00	419.00	437.00	522.00	630.00
	400m	515.00	522.00	528.00	536.00	551.00	605.00	627.00	652.00	738.00	828.00	920.00	1016.00	1132.00	1238.00
	800m	1109.00	1125.00	1136.00	1155.00	1205.00	1250.00	1340.00	1445.00	1545.00	1730.00	1850.00	2040.00	2312.00	2652.00
BACK	50m	35.10	36.00	37.00	38.30	40.70	42.30	44.50	47.80	50.30	55.00	103.30	110.00	127.00	140.00
	100m	135.80	139.00	142.50	145.50	150.50	154.50	161.00	170.30	200.50	225.00	236.00	338.00	410.00	470.00
	200m	295.00	295.00	295.00	302.00	315.00	326.00	337.00	358.00	434.00	434.00	530.00	602.00	795.00	923.00
BREAST	50m	37.80	38.80	39.80	40.80	43.00	45.30	47.30	49.30	52.50	56.80	103.00	114.00	143.00	211.00
	100m	123.50	126.10	128.80	132.50	136.00	140.00	147.00	153.00	202.00	234.00	232.00	256.00	405.00	503.00
	200m	305.00	309.00	313.00	322.00	329.00	338.00	353.00	405.00	427.00	440.00	526.00	613.00	745.00	920.00
FLY	50m	32.00	32.40	33.20	33.30	36.50	38.00	38.50	43.30	47.00	52.80	104.80	129.00	206.00	244.00
	100m	111.00	112.80	115.50	118.50	121.00	127.00	132.50	147.50	200.00	200.00	250.00	324.00	420.00	510.00
	200m	252.00	255.00	259.00	268.00	274.00	332.00	352.00	400.00	440.00	510.00	553.00	654.00	848.00	1020.00
IM	200m	244.00	249.00	254.00	301.00	311.00	318.00	338.00	346.00	402.00	426.00	508.00	536.00	710.00	900.00
	400m	610.00	616.00	621.00	633.00	650.00	715.00	742.00	823.00	918.00	1034.00	1220.00	1330.00	1425.00	1725.00

Backstage news!



The Gwangju 2019 Masters Ambassador Programme has been launched!

Gwangju 2019 wants to deliver a wonderful and unforgettable experience to the Masters athletes attending the FINA World Masters Championships Gwangju 2019. We believe that the celebration of Aquatics will be even greater if as many Masters athletes as possible are joining us! The role of Gwangju 2019 Masters Ambassadors will therefore consist in raising awareness and promoting the event among the Masters swimming community.



Get in touch with our newly selected accommodation agency and start preparing for your visit to Gwangju!

Should you wish to know more about your accommodation during the FINA World Masters Championships and pre-book your stay; including at the Athletes Village, please contact M. Lee Jae-Kwan, Director, Global Tour Ltd: dxb@globaltour.co.kr



Expansion work at the main Aquatics centre will soon be underway!

Construction work, which will allow to increase the spectator capacity by 8'000 seats, is about to begin at the Nambu University Municipal Aquatics Center. In total, more than 11'000 spectators will have the opportunity to cheer on their swimming and diving stars!

We would love to hear from you!

If you have any questions or comments, please send your email to MJ Kang,
International Relations Department: masters@fina-gwangju2019.com

